



**UNIVERSITÀ
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Dipartimento di
Lettere e Filosofia



Winter School

Philosophy and Civic Engagement in the Italian traditions

February 12th -16th, 2024
Novacella Abbey - Varna (BZ), Italy

Travel Tips & Tricks



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The Winter School will take place in the enchanting setting of the Novacella Abbey, in Trentino-Alto Adige, and the surrounding offers activities for all likings. It does not matter if you want to fully dive in the majestic mountains and lakes of the region to evade the chaos of the urban life, if you prefer to discover the culture and traditions of this beautiful region, or again if you wish to just relax and let Trentino-Alto Adige pamper you before you go back to your everyday life: there is plenty of choices for each and everyone of you, and here you have some tips and tricks!

Culture

Visit this link to discover some of the treasures of the Novacella Abbey: <https://www.kloster-neustift.it/en/abbey-order/art-and-culture/>. Close to the Abbey you can find important cities and dive into the culture of Northern Italy. In the following pages you will find information about Brixen, Bozen, Meran, Trento, Dobbiaco, Moena, Verona and Venice.

How to arrive at the Novacella Abbey

Jump to the final section (p. 8) to see how to reach us.

Sports and Nature in South Tyrol

Ski, snowboard, bike, hike, skate, climb or just have fun with sleds. If you love winter sports, in Trentino Alto Adige you are spoiled for choice! If you want to know more about the sports and winter activities in South Tyrol, visit <https://www.suedtirol.info/en/en/experiences-and-events> and follow the sections “Sports activities” and “Lost in nature”.

Culinary Tradition and Slow Food

To learn more about the rich and culinary tradition of South Tyrol and to find where to try it, visit the page <https://www.suedtirol.info/en/en/eating-and-drinking>

Relax and Wellbeing

There are many options to relax in Trentino and South Tyrol. To know more about where and how, visit the page <https://www.suedtirol.info/en/en/experiences-and-events/wellness-and-relaxation>



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Brixen may be small, but definitely not unimportant: for centuries it has been the seat of an episcopal principality, and an important mediator between the North of Italy and the South of Germany. To know more about the activities and attractions in Brixen you can visit the website <https://www.bressanone.holiday/> . Some of our suggestions are:

- The **Dome of Brixen**. You can enter the Dome freely, every day from 6.30 to 18.00.

Piazza Palazzo Vescovile 1, Bressanone
tel. 0472 834034

- The **Hofburg**, famous, among many things, for its collection of nativity scenes.

For information about opening hours and tickets visit the website <https://www.hofburg.it/info?lang=en>
Piazza Palazzo Vescovile 2, Bressanone

- The **Pharmaziemuseum**, where you can also find curious objects such as pieces of a mummy or the head of an armadillo.

For information about tickets and opening hours visit the website <https://www.pharmaziemuseum.it/en/opening-times.html>
Via Ponte Aquila 4, Bressanone

- The **City Library**, recently renovated under the design of Carlana Mezzalira Pentimalli.

You can visit the library from Monday to Saturday, from 8.30 to 18.30.
Piazza del Duomo 4, Bressanone
<https://biblio.bz.it/bressanone/>

- The **City Gallery** works for the promotion of contemporary art as a reflection of the social, political, and technological situation.

Via Portici Maggiori 5, Bressanone
For information about tickets and opening hours visit <https://www.brixen.it/it/cultura/galleria-civica>



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Bozen is the chief town of South Tyrol. It is known for its attention to sustainability, its beautiful architecture and for the mixture of Italian and German cultures. To know more about the activities and attractions in Bozen you can visit the website <https://www.bolzano-bozen.it/en/> . Some of our suggestions are:

- The **South Tyrol Museum of Archeology**, which hosts the mummy Otzi the Iceman.

For more information about tickets and opening hours visit the website <https://www.iceman.it/en/opening-times-and-fees-2/>

Via Museo 43, Bolzano

- The **Naturmuseum Suidtirol**. Here you can also see how the area of the Dolomites looked like around 230 million of years ago.

For information about tickets and opening hours visit the website <https://www.natura.museum/it/pianificarelavisa/orario-e-tariffe/>

Via Bottai 1, Bolzano

- The **Museion**, which counts around 4,250 works.

For information about tickets and opening hours visit <https://www.museion.it/?lang=en#arrive-prices-opening>

Piazza Piero Siena, Bolzano

- The **Permanent exposition** within the **Victory Monument** about the history of the city between the two World Wars (918-1945).

For information about tickets and opening hours visit the website <https://www.monumenttovictory.com/en/infos/oeffnungs-zeiten.html>

Via Portici/Laubengasse 30, Bolzano

- The **Mercantile Museum**, where you will find paintings, documents and objects of art that document the commercial history of the city.

For information about tickets and guided tours call 0471 945 702 or send an email to mm@camcom.bz.it

Via Portici 39, Bolzano



Meran is located at the base of three valleys that shelter it and provide with a mild climate and clean air. For this reason it was suggested by doctors as a “winter health resort”, and it became a holiday destination of many important personalities, such as Franz Kafka and Sigmund Freud and his family. To know more about the activities and attractions in Meran you can visit the website <https://www.merano-suedtirol.it/en/merano.html>. Some of our suggestions are:

- The **Dome**, which has one of the highest bell towers of the region with its 83 meters.

For information about opening hours visit the website www.stadtpfarre-meran.it

Piazza Duomo, Merano

- The **Prince’s Castle** shows how people lived in Medieval times. For information about tickets and opening hours visit the website <https://www.suedtirolerland.it/en/highlights/castles-mansions/princes-castle-merano/>

Via Galilei, Merano

- The **City Museum (Mamming Palais Museum)** holds a collection of objects and art that go from prehistory to modern time, the majority of which comes from Tyrol.

For information about opening hours and tickets visit the website <https://www.palaismamming.it/>

Piazza Duomo, Merano

- The **Jewish Museum** describes the history of the Jewish community in Meran. Along with the Museum, you can also visit the Synagogue. For information about opening hours and tickets visit the website <http://www.meranoebraica.it/en/node/51>

Via Schillerstrasse 14, Merano



Trento is the chief city of the region of Trentino. A number of events take place in the city throughout the year, like the “Autunno Trentino”, where the rich gastronomy of the area is presented, or the famous Christmas Markets in Piazza Fiera. To know more about the activities and events in Trento you can visit the website https://www.visittrentino.info/en/trentino/resorts-towns/trento_md_192
Some of our suggestions are:

- **Castello del Buonconsiglio**, now a museum, it was the residence of the prince-bishops.

For information about opening hours and tickets visit the website <https://www.buonconsiglio.it/index.php/en/Castello-del-Buonconsiglio/informazioni/Biglietti-online>

Via Bernardo Clesio 5, Trento

- **MUSE**, designed by Renzo Piano. Here you will learn about science, nature and sustainability through expositions and activities.

For information about opening hours and tickets visit the website <https://www.muse.it/>

Corso del Lavoro e della Scienza 3, Trento

- **St. Vigil Church** (the Dome of Trento) has a long history that dates back to the Roman period. It is located in **Piazza Duomo**, where you can also find the **Neptune Fountain**.

For more information about the Dome visit the website

<https://www.cattedralesanvigilio.it/>

- **Tridentum S.A.S.S.** is the Roman city of Trento, found underneath the city.

For information about opening hours and tickets visit the website <https://www.cultura.trentino.it/eng/Cultural-venues/All-cultural-venues/Museums-and-collections/TRIDENTVM-S.A.S.S.-Spazio-Archeologico-Sottterraneo-del-Sas-Sas-Underground-Archaeological-Space>

Piazza Cesare Battisti, Trento



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Dobbiaco is a small town in Val Pusteria. Apart from its natural beauty, the town is famous for its connection with the composer Gustav Mahler, who spent his summers from 1908 to 1910 in Dobbiaco. Here he composed “Das Lied von der Erde” and Symphony No. 10. To honor the artist, whose monument you can still see in the center of the town, Dobbiaco holds every summer the “Gustav Mahler Music Weeks”. To know more about the activities and events in Dobbiaco you can visit the website <https://www.dobbiaco.bz/>

Moena is connected to Ladin culture. A legend tells that Ladinia, daughter of the king Laurinio, decided to stop and live in Moena, amazed by the beauty of the place. The town is also known as “the Fairy of the Dolomites”. To know more about the activities and events in Moena you can visit the website <https://www.moena.it/it> .

Verona is the chief town in Veneto. It is connected to the story of Romeo and Juliet and for this it is known as the city of the lovers. There is plenty to see in Verona: the House of Juliet and her tomb, the famous Arena di Verona, the beautiful Piazza Bra and Piazza Erbe, Castelvecchio to name just a few options.

To know more about what to see in Verona visit the website https://turismo.comune.verona.it/nqcontent.cfm?a_id=35298

Venice is the beautiful city of the canals. Make sure you do not miss Piazza San Marco, Ponte Rialto and the colourful Burano. To know more about what to see in Venice visit the website <https://www.veneziaunica.it/en/content/uffici-di-informazione-ed-accoglienza-turistica-iat>

For more information about the **regions of Trentino and Veneto**, visit the websites <https://www.visitrentino.info/en> and <https://www.veneto.eu/EN/Home/> .



How to arrive at the Novacella Abbey

By Train:

Purchase a ticket to South Tyrol through Trenitalia (<https://www.trenitalia.com/en.html>). The nearest stop to Novacella Abbey is the “Bressanone/Brixen” stop.

International companies serving South Tyrol include Deutsche Bahn (<https://int.bahn.de/en>) and ÖBB (<https://www.nightjet.com/en/#/home>). They provide transportation to Brenner Pass, where you can then board trains to Bressanone/Brixen.

The Abbey is located at c. 5 km from the railway station in Bressanone/Brixen.

At the station, you can either take a **taxi** (the price is c. 12€) or a bus. The following **bus lines from the railway station in Bressanone/Brixen** to the Abbey are available:

- Line 320.4, stop at “Novacella, Abbazia” and walk for 1 minute;
- Line 401, stop at “Novacella, Pacher” and walk for 10 minutes;
- Lines 310, 320.1, 326, stop at “Varna, Vicolo Defregger” and walk for 15 minutes;
- Citybus lines 2 or 3, stop at “Abbazia di Novacella”.

By Plane:

The nearest airports to Novacella Abbey include:

- **Bolzano/Bozen Airport** (50 km). Bus lines 10A and 10B will take you to Bolzano/Bozen railway station, where you can catch trains to Bressanone/Brixen. However, only a few companies fly here.
- **Innsbruck Airport** (82 km). Bus line F (Innsbruck Flughafen) will take you to Innsbruck railway station, offering connections to Bressanone/Brixen.
- **Verona Valerio Catullo Airport** (190km). Take airport bus line 199 to Verona Porta Nuova railway station, where you can board trains to Bressanone/Brixen.



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Visit this link for more information on airport transfers:
<https://www.suedtirol.info/en/en/information/mobility-and-barrier-free-accessibility/plane>

Other airports include:

- Munich Airport (276 km);
- Venice Marco Polo Airport (260 km);
- Treviso Antonio Canova Airport (230 km);
- Bergamo Orio al Serio Airport (275 km);
- Bologna Guglielmo Marconi Airport (320 km);

By Bus:

Flixbus (<https://www.flixbus.it/>) provides transportation from many European cities to South Tyrol. Stop in Bressanone/Brixen and take the local bus. The following bus lines from the Flixbus stop to the Abbey are available:

- Lines 320.2, 320.4, stop at "Novacella, Abbazia" and walk for 1 minute;
- Lines 328, 401, stop at "Novacella, Pacher" and walk for 10 minutes;
- Lines 310, 326, stop at "Varna, Vicolo Defregger" and walk for 15 minutes.

For more information on tickets and schedules, please visit <https://www.brixen.it/it/mobilita/Trasporto-pubblico> and <https://www.suedtirolmobil.info/it/>.

By Car:

From the Brennero Highway A22, take the "Bressanone/Val Pusteria" exit and follow the brown signs for "Kloster Neustift"/"Abbazia Novacella". Turn right towards Vahrn/Varna, continue along the main street through the village and turn left at Hotel Lowenhof towards Neustift. After 1 km, you will arrive at the Abbey. There is a free parking area after the bridge over the Isarco/Eisack River.

Credits:

Image: Maître de Coetivy, Frontispiece of Boethius' *De consolatione philosophiae*, Book III, c. 1460, The Wallace Collection CC BY-NC-ND 4.0

Text: Gabriella Koka and Davide Marcadent (in the framework of the Student Internship "Filosofia e comunicazione" at UniTrento)