

SEMINAR



27 November 2023

14:00-16:00

Palazzo Fredrigotti
Corso Bettini 31,
Rovereto, TN (Italy)

The Integration of Mind-Body and Mental Health: a Budō (武道) perspective

Preventing Addictions: why Budo Matters?

Prof. Ornella Corazza

Department of Psychology and Cognitive
Science, University of Trento

The mental health benefits of Budo from
neuroscientific point of view

Prof. Hironobu Fujiwara

Department of Neuropsychiatry, Graduate
School of Medicine, Kyoto University

Reconciliation after interpersonal harm: An
Aikido inspired perspective

Prof. Jeroen Vaes

Department of Psychology and Cognitive
Science, University of Trento

**Chairs: Prof Ornella Corazza and Prof
Gianluca Esposito**

15:30 Tea ceremony:
Hosted by Prof. Hironobu
Fujiwara



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