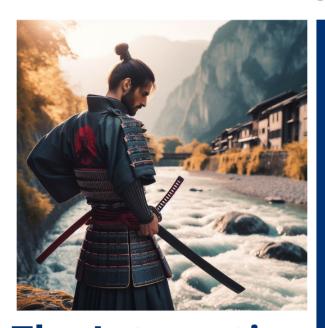
SEMINAR



The Integration of Mind-Body and Mental Health: a Budō (武道) perspective



27 November 2023

14:00-16:00 Palazzo Fredrigotti Corso Bettini 31, Rovereto, TN (Italy)

Preventing Addictions: why Budo Matters? **Prof. Ornella Corazza**

Department of Psychology and Cognitive Science, University of Trento

The mental health benefits of Budo from neuroscientific point of view

Prof. Hironobu Fujiwara

Department of Neuropsychiatry, Graduate School of Medicine, Kyoto University

Reconciliation after interpersonal harm: An Aikido inspired perspective

Prof. Jeroen Vaes

Department of Psychology and Cognitive Science, University of Trento

Chairs: Prof Ornella Corazza and Prof Gianluca Esposito





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